



School Information

Tooele 62.4%
TriCounty 63.2%
Utah County 55.8%
Wasatch 56.0%
Weber-Morgan 55.7%
(Utah BRFSS 2001-2003)

More Utah men than women are obese, a trend observed in all age groups.

Adolescent Data

National: In 2002, 10.5% of students were overweight, 14% males, 6.9% females.

Utah: In 2002, 6.2% of students were overweight, 9.6% males, 2.6% females. In 1999, approximately 5% were overweight.
(YRBS 2001)

Childhood Data

National: 15% of children are considered overweight.

Utah: 12.2% of children considered overweight.

As in adults, more boys are overweight than girls, 14.1% compared to 10.0%.

25.5% of Utah K-8th grade children are overweight or at risk for overweight.

Since 1993, in Utah, overweight among 3rd grade boys has increased by 119% from 6.9% to 15% in 2002.

If this trend continues, 34% of 3rd grade boys could be obese by the year 2010.

(UDOH Data - Fall 2002)

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